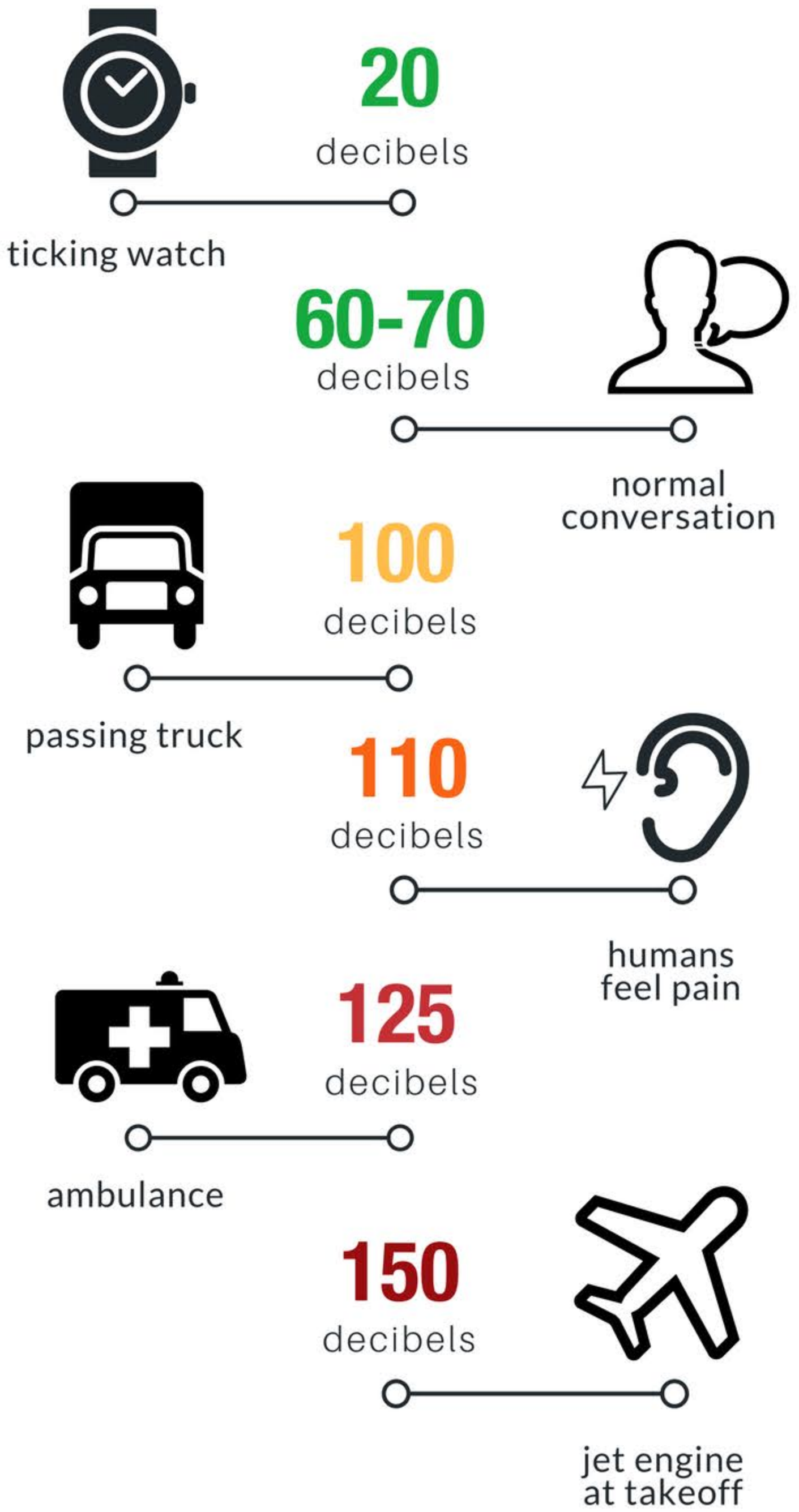




HOW LOUD IS TOO LOUD?

Noise-induced hearing loss is related to the volume and duration of your exposure to sound. NIOSH recommends no more than 85 decibels over 8 hours.



Source: National Institute of Occupational Health and Safety <https://blogs.cdc.gov/niosh-science-blog/2016/02/08/noise/>